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## 12 days Chengdu Tibet train tour

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Chengdu  
Leshan  
Chengdu  
Lhasa  
Gyantse  
Shigatse  
Mount Everest  
Shigatse  
Lhasa

Chengdu, the capital of Sichuan province in southwest China, is famous for its relaxing lifestyle. It was named China's third most livable city. Start your train trip in Chengdu city and enjoy the amazing scenery along the railway.

Type  
Private  
Duration  
12 days  
Theme  
Overland, Train travel  
Trip code  
CTTT-04  
Price  
From £ 1,088 per person  
£ 989  
you save £ 99 (10%)

### Itinerary

Chengdu is known for its delicious food and lovely pandas. After eating Chengdu food, most travelers can not forget the abundant flavours any longer, another famous thing in Chengdu is the lovely panda, this is the reason why Chengdu Panda Base is so hot among travelers. Leshan, a Buddhism and scenic spot in Sichuan, is famous for The Giant Stone Buddha, this Buddha is so tall that it gets another name Lingyun Buddha. Lhasa, Gyantse, Shigatse and E.B.C in Tibet are also destinations of this trip, these places are very beautiful, you can find many breathtaking views everywhere, what's more, you will get a chance to admire the momentum of the highest peak Mt. Everest!

Day 01 :

Arrival at Chengdu

Upon arrival at Chengdu airport, to be met and transferred to your hotel in Chengdu. Overnight at Chengdu. B=breakfast

Day 02 :

Chengdu Panda Base & Jinsha Museum (B)

Morning around 07:30-08:00 to be met at your hotel lobby and transferred to Chengdu Panda Breeding and Research Center, it takes about half an hour. You will catch pandas' feeding time, they are at their most active, both Adults and Babies. Later then watch the film at Panda Museum to know the panda daily life, Baby getting birth, etc. Afterward, drive back to downtown

for lunch. Afternoon visit Jinsha Site Museum to learn the glorious Chinese culture of the ancient Shu Kingdom. Also, you will be arranged to walk around at Jinli ancient streets. In the evening you can choose to watch the culture show - Sichuan Opera, which are very famous for the spitting fire, changing faces and rolling lamp(fee is extra). Overnight at Chengdu.

**Day 03 :**

Chengdu - Leshan Grand Buddha / Lhasa (B)

Morning around 08:00 to be met and transferred to Leshan, it takes about 2 hours. In Leshan visit the biggest sitting Buddha sculpture in the Lingyun Temple. The grand Buddha was completed in 803 of Tang Dynasty after 90 year's construction and enjoys the fame of the biggest sitting stone sculpture in the world with a 71-meter height. Carved on the cliff face, the sculpture is well designed with perfect balance and effective water drainage system. You can also choose to have a boat tour to see Leshan Grand Buddha(fee is on your own). Afternoon drive back to Chengdu, free on your own. In the evening, transfer to Chengdu train station for the train to Lhasa (T22/3, 20:59 - 16:10, +2 days). O/n the train.

**Day 04 :**

On the train

**Day 05 :**

Arrival at Lhasa[3,595m]

Today you will see the beautiful Tibetan plateau with the nomads' groups, Kekexili Nature Reserve, etc. Arrival at Lhasa in the afternoon. Lhasa train station pick-up and transfer to your hotel in Lhasa. Overnight at Lhasa.

**Day 06 :**

Lhasa City sightseeing, visit Potola Palace & Jokhang Temple (B) - Walking tour is arranged today.

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only to visit Jokhang temple and Potala Palace. Jokhang temple is the most sacred shrine in Tibet which was built in the 7th century and located at the heart of old town in Lhasa, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from the entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

**Day 07 :**

Lhasa City sightseeing, visit Drepung Monastery, Sera Monastery & Norbulingka Summer Palace (B)

Today you will be arranged to visit Drepung, Sera monasteries and Summer Palace - Norbulingka palace. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 7,700 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Norbulingka is the summer palace of Dalai Lama, you can visit the residences of different lineages of the Dalai Lama. The park is crowded with picnickers and traditional activities during the Shoton (Yogurt festival) in August. Overnight at Lhasa.

**Day 08 :**

Lhasa / Yamdrok Lake [4,441m] / Gyantse [3,980m] / Shigatse [3,840m], 360KM, 7hrs (B)

Morning drive up to Kampala pass [4794m], you will have a glimpse of Yamdrok-tso and spectacular views of Holy Mount Nyenchen Khangsar in the distance, the turquoise-colored Lake Yamdrok Yutso is one of the three holy lakes in Tibet, the unforgettable vista of pincer-shaped turquoise water of the lake and amazing spectacle of Mt. Nyenchen Khangsar glacier from Karo la pass is wonders of the day. Then along the Friendship southern Hwy drive to Gyantse, visit the famous stupa - Gyantse Kumbum, one of the most stunning architectural wonders in Tibet. Late afternoon drive to Shigatse. Overnight at Shigatse.

**Day 09 :**

Shigatse / Lhatse / Shegar / Rongbuk Monastery [4,900m] / E.B.C [5,150m], 340KM, 7hour drive (B)

Early morning start driving to Rongphu via Lhatse and Shegar, cross over Gyatsola [5,200m] & Gawu la pass [5,250m], from the top of the Gawu la you will see the spectacular Himalayan Ranges and its glorious peaks viz Mt.Makalu [8,463m], Mt.Lotse [8,516m], Mt.Everest [8,844m], Mt.Cho Oyu[8201m] and Mt.Shishapama [8,020m] from Left to right, climbing down through numbers of switchback bends lead to the dry valley of Tashi Zom and then to today's destination - Everest Base Camp. Rongbuk is the highest monastery in Tibet and consists of both monks and nuns, it is still a good point to see Mt.Everest. Overnight at local guesthouse.

**Day 10 :**

Rongbuk / Shegar / Shigatse [3,840m], 340KM, 6-7hrs drive

If you are lucky enough, you will see the sunrise at E.B.C. Late morning or early afternoon start driving back to Shigatse. Overnight at Shigatse.

**Day 11 :**

Shigatse / Lhasa[3,595m], 300KM, 6hour drive(B)

Morning visit Tashilunpo Monastery and the spectacular tombs of Panchen Lamas, sometimes it is crowded with local pilgrims. Afternoon drive back to Lhasa along the northern friendship way, marvelous landscapes and sceneries along the Brahmaputra River will accompany you all the way back to Lhasa. Overnight at Lhasa.

**Day 12 :**

Lhasa train station / airport dropping off (B)

Morning dropping off at Lhasa airport or train station, end the tour.

## **Inclusions**

### **Tour notes:**

Please note prices are based in CNY.

### **General inclusions:**

All required government taxes and fees.

Please contact one of our Tour Advisors to get a custom quotation made to your requirements.

All required Tibet permits and domestic travel documents.

Your selection of 3, 4 or 5 Stars hotel (shared twin room, private bathroom and daily breakfast)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.

Train sleeper cabin either hard or soft-sleepers based on your selection to Lhasa.

### **General exclusions:**

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Sightseeing bus ticket at Everest Base Camp (E.B.C.) - 25 RMB per person. If you prefer you can hike up.

Flight and/or railway ticket(s) to the first city of the tour and departure from the last city of the tour.

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