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Lhasa

Namtso

Lhasa

Tibet's capital Lhasa is the cultural and historic mecca of buddhism. This shorter Tibet trip visits all the highlights of Lhasa's temples, monasteries and a visit to breathtaking holy Namtso lake with its fantastic natural scenery.

Type

Private

Duration

5 days

Theme

Culture and Heritage, Natural scenery

Trip code

WT-102

Price

From £ 391 per person

Itinerary

This short 5-day Tibet tour includes two days of Lhasa city sightseeing and a one-day excursion to the holy lake - Namtso. Lhasa, the historic capital city of Tibet, is a dream destination for travelers from all over the world, with its golden sunshine and blue sky. It holds great significance as a pilgrimage destination for Tibetans and Buddhists, with pilgrims performing full-body prostrations around the Jokhang temple and Bakhor Street. Drepung and Sera Monasteries, two of the largest Gelupa monasteries in the Lhasa area, are also worth visiting. Namtso is situated in the vast North-Tibet Grasslands and is considered one of the three holy lakes in Tibet. With its vibrant turquoise water surrounded by snow-capped mountains, Namtso Lake is a must-see during your Tibet Trip. As Namtso Lake is about 250km away from Lhasa, if possible, we recommend to plan a two-day trip with an overnight stay at a local tent guest house.

Day 01 :

Arrival at Lhasa[3595m]

Upon your arrival at Lhasa airport or train station, you will be greeted by your Tibetan guide, from airport to Lhasa city is 68km, around an hour drive will take you to the holy city Lhasa. Driving along the Brahmaputra river and Lhasa river, you will not only amazed by the spectacular plateau scenery but also have a chance to see flocks of black-necked crane, wild duck and many other kind of wild birds, if you are not tired, stop at Nethang Giant Buhhda caving on the way. If you take the train to Lhasa, normally you will arrive in the late afternoon or evening, 20 minutes drive will take you to your hotel in Lhasa city. Check into hotel, have a good rest to acclimatize the high altitude. Overnight at Lhasa.

Day 02 :

Lhasa City sightseeing, visit Drepung monastery and Sera monastery (B)

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only Drepung monastery in the morning and Sera Monastery in the afternoon. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 10,000 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism

philosophical debate practice(Not available on Sunday), the clapping sound and aggressive expression of the monks are well worth to see. Overnight at Lhasa.

Day 03 :

Lhasa City sightseeing, visit Potala Palace & Jokhang Temple - Walking tour is arranged (B)

After one and half day day acclimatization of the high altitude in Lhasa city, today you will be arranged to visit Jokhang Temple and Potala Palace. Jokhang temple is Tibet's most scared shrine built in 7th century, located at the heart of old town of Lhasa and the circuit around it called Barkhor street. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. After the sightseeing your guide will take you to drink the Tibetan sweet tea at once sweet tea shop near Barkhor, afterwards you can freely walk around the Barkhor street. Overnight at Lhasa.

Day 04 :

Day Excursion to Namtso Lake [4730m], Optional Tour to Visit a Nomad Family (B)

Today make a day tour from Lhasa to Namtso Lake, one of the three most sacred lakes in Tibet. As you journey through the Northern Tibetan grassland, you'll be treated to the stunning Nyenchen Thanglha snow mountain ranges as a majestic backdrop. Upon reaching the Largen-la pass [5190m], you'll catch your first glimpse of Namtso Lake, known as the "sky lake" and recognized as the highest saltwater lake in the world. Immerse yourself in the awe-inspiring views and embrace the serene atmosphere as you hike along the lakeside and explore the Tashi Do peninsula with its unique rock formations. Indulge in a delightful picnic lunch amidst this breathtaking natural setting. Before returning to Lhasa, seize the opportunity to visit a nomad family (available in summer) and gain insights into their traditional way of life.

Day 05 :

Lhasa airport /train station send-off (B)



Your guide and driver will see you off at the airport or train station, end of the trip.

Prices

Period

2 Persons

3 Persons

4-6 Persons

Apr. to Jun and late Oct.

Regular price£ 560£ 445£ 391

Jul. to mid Oct.

Regular price£ 603£ 489£ 429

Inclusions

Tour notes:

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

The tour price is based on 3 star standard hotels. At your request we can provide pricing for different levels of service such as budget hostel, luxury 4 star standard hotels or deluxe 5 star standard hotels.

Please note prices are based in CNY.

General inclusions:

All required government taxes and fees.

All required Tibet permits and domestic travel documents.

3 Star hotel located near Barkhor Street (shared twin room with private bathroom)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Comfortable and clean private minivan with driver (please note that on days designated with walking tours, no private vehicle will be arranged by default.)

General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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