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## 6 days Lhasa Gyantse Shigatse group tour

<https://windhorsetour.com/tibet-group-tour/8-day-central-tibet-cultural-tour>

Lhasa  
Gyantse  
Shigatse  
Lhasa

Enjoy an awe-inspiring tour to explore the Tibetan culture and history with a visits to Lhasa's Potala Palace and Tashilunpo Monastery in Shigatse. Along the way you will be immersed into the breathtaking scenery of Yamdrok Lake and beyond.

Type  
Group, maximum of 12 person(s)  
Duration  
6 days  
Theme  
Culture and Heritage  
Trip code  
FDT-03  
Tour dates

From  
£ 574  
**Itinerary**

Join in a budget Tibet group tour to explore the mysterious snow land, enjoying the spectacular landscape around Yamdrok Lake, listen to pilgrim chanting as you cross Lhasa city. New friends, exploring the unique Tibetan history and more awaits.

Day 01 :

Arrival in Lhasa [3,658 m]



Your Tibetan guide will greet you at the Lhasa Gonggar Airport or Lhasa railway station upon your arrival, and then transfer you to your hotel in the city. From the airport to Lhasa is 68 km (42 mi), roughly an hour drive to your hotel. The drive from the train station is only 15 km (9 mi) and takes 20 minutes. During the course of the ride, you will not only be amazed by the spectacular scenery of the Tibetan plateau, the scattered Tibetan villages, but certainly by the hospitality of your guide and driver, as well! After checking into the hotel, you will have the remainder of the day to rest and acclimatize to the high altitude.

Day 02 :

Tibetan Monasteries Day - Visit Drepung monastery and Sera Monastery (B)

Today, you'll explore two prominent Gelupa monasteries in the Lhasa area: Drepung Monastery in the morning and Sera Monastery in the afternoon.

**Drepung monastery** was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 10,000 monks hailed from different monasteries all over Tibet.

**Sera monastery**, another of the 'great three' Gelug monasteries in Tibet, it's famous debating monks go back and forth in their debates every day between 3 pm to 5 pm (except on Sunday), performance is well worth seeing.

End the day with a welcome dinner with your group.

Day 03 :

Lhasa Day Tour - visit Potala Palace, Jokhang Temple and Barkhor Street (B)

In the morning, you will visit **Potala Palace**. It is most renowned as the residence of the lineage of Dalai Lamas (Avalokiteshvara), though the massive structure contains a small world within itself. It was first built by 33rd ruler of his dynasty, King Songtsen Gangpo in the 7th century, but still is in surprisingly good repair because of continual rejuvenation projects.

Then proceed to visit **Jokhang temple**, it is the most scared building in Tibetan Buddhism, located in the heart of Lhasa old town. It is the most sought after pilgrimage destination for all Tibetans.

The **Barkhor Street**, a renowned Kora (holy walking path) encircling the Jokhang Temple, is constantly bustling with Tibetan faithful. Visitors will discover the unique experience of mingling with local pilgrims along Barkhor Street. It also serves as a vibrant shopping district, offering the perfect opportunity to purchase gifts for your loved ones.

Following your sightseeing adventures, join your guide at one of Lhasa's most vibrant **Tibetan sweet tea houses**. Here, you can enjoy sipping traditional Tibetan sweet tea while sitting among local Tibetans. Your guide will provide valuable insights into Tibetan social dynamics and daily life, offering a deeper understanding of the culture.

Day 04 :

Lhasa / Yamdrok Lake / Gyantse [4,040 m] / Shigatse[3,836 m], 360 KM 7 Hours' Drive (B)

After breakfast, embark on a scenic drive towards Shigatse along the Friendship southern highway. Your first stop will be at **Yamdrok Tso**, one of Tibet's three sacred lakes, known for its stunning dark blue color resembling jasper. Enjoy a leisurely half-hour drive along the lakeshore before reaching the nearest town for an early lunch.

As you continue your journey towards Gyantse at an altitude of 3,980 meters (13,058 feet), you'll have the opportunity to pass by and admire the **Karola Glacier**, one of Tibet's three major continental glaciers.

Gyantse is a charming Tibetan town that has retained its distinctive character. Take some time to explore **Gyantse ancient city**, capturing photographs of its unique features. Afterward, resume your travel to Shigatse, the second-largest city in Tibet.

Upon arrival, check into your hotel and unwind, allowing yourself to rest and recharge.

Day 05 :  
Shigatse / Lhasa, 300 KM, 5 Hours' Drive (B)  
In the morning, you will visit **Tashilunpo Monastery**, it is one of the six prominent yellow hat sect monasteries and renowned as the seat of the Panchen Lama. Tashilunpo Monastery houses the world's largest statue of Maitreya Buddha. The monastery's impressive halls and intricate artwork provide a glimpse into Tibetan spirituality and culture. Visitors can explore the vibrant religious life within its walls and admire the stunning architecture.  
You will also visit the **Samzhubze Old Market in Shigatse**, where you can explore the lively market, interact with friendly residents, and immerse yourself in the vibrant atmosphere that defines this authentic Tibetan market.

Afterward, drive back to Lhasa along the Northern Friendship Highway, with marvelous landscapes and scenery along the Brahmaputra River continuing all the way back to Lhasa.

P.S. You also have the option to take a train from Shigatse to Lhasa instead of driving. Please note that train tickets for this option require an additional payment.

Day 06 :  
Lhasa Train Station or Airport Send Off (B)  
Your Tibet tour will end today, but if you would like to extend your stay in Lhasa or Tibet, just please let one of our Travel Advisor know. We are ready to help answer any of your questions.

If you do decide to depart your guide and driver will see you off at the airport or train station.

Dates and prices

Start		
Finish		
Price		
☪		
Sun 12 May 2024	Fri 17 May 2024	£ 596
☪		
Tue 14 May 2024	Sun 19 May 2024	£ 596
☪		
Sun 19 May 2024	Fri 24 May 2024	£ 596
☪		
Sun 26 May 2024	Fri 31 May 2024	£ 596
☪		
Thu 30 May 2024	Tue 4 Jun 2024	£ 596
☪		
Sun 2 Jun 2024	Fri 7 Jun 2024	£ 596
☪		
Thu 6 Jun 2024	Tue 11 Jun 2024	£ 596
☪		
Sun 9 Jun 2024	Fri 14 Jun 2024	£ 596
☪		
Thu 13 Jun 2024	Tue 18 Jun 2024	£ 596
☪		
Sun 16 Jun 2024	Fri 21 Jun 2024	£ 596
☪		
Thu 20 Jun 2024	Tue 25 Jun 2024	£ 596
☪		
Sun 23 Jun 2024	Fri 28 Jun 2024	£ 629
☪		
Thu 27 Jun 2024	Tue 2 Jul 2024	£ 629
☪		
Sun 30 Jun 2024	Fri 5 Jul 2024	£ 629
☪		
Sun 7 Jul 2024	Fri 12 Jul 2024	£ 629
☪		
Thu 11 Jul 2024	Tue 16 Jul 2024	£ 673
☪		
Sun 14 Jul 2024	Fri 19 Jul 2024	£ 673
☪		

Thu 18 Jul 2024	Tue 23 Jul 2024	£ 673
Sat 20 Jul 2024	Thu 25 Jul 2024	£ 673
Sun 21 Jul 2024	Fri 26 Jul 2024	£ 673
Thu 25 Jul 2024	Tue 30 Jul 2024	£ 673
Sun 28 Jul 2024	Fri 2 Aug 2024	£ 673
Thu 1 Aug 2024	Tue 6 Aug 2024	£ 673
Sun 4 Aug 2024	Fri 9 Aug 2024	£ 673
Thu 8 Aug 2024	Tue 13 Aug 2024	£ 673
Sun 11 Aug 2024	Fri 16 Aug 2024	£ 673
Thu 15 Aug 2024	Tue 20 Aug 2024	£ 673
Sun 18 Aug 2024	Fri 23 Aug 2024	£ 673
Thu 22 Aug 2024	Tue 27 Aug 2024	£ 629
Sun 25 Aug 2024	Fri 30 Aug 2024	£ 629
Thu 29 Aug 2024	Tue 3 Sep 2024	£ 629
Sun 1 Sep 2024	Fri 6 Sep 2024	£ 629
Thu 5 Sep 2024	Tue 10 Sep 2024	£ 629
Sun 8 Sep 2024	Fri 13 Sep 2024	£ 629
Thu 12 Sep 2024	Tue 17 Sep 2024	£ 629
Sun 15 Sep 2024	Fri 20 Sep 2024	£ 629
Thu 19 Sep 2024	Tue 24 Sep 2024	£ 629
Sun 22 Sep 2024	Fri 27 Sep 2024	£ 673
Thu 26 Sep 2024	Tue 1 Oct 2024	£ 673
Sun 29 Sep 2024	Fri 4 Oct 2024	£ 673
Tue 1 Oct 2024	Sun 6 Oct 2024	£ 673
Sun 6 Oct 2024	Fri 11 Oct 2024	£ 673
Thu 10 Oct 2024	Tue 15 Oct 2024	£ 673
Sun 13 Oct 2024	Fri 18 Oct 2024	£ 596
Thu 17 Oct 2024	Tue 22 Oct 2024	£ 596

Sun 20 Oct 2024	Fri 25 Oct 2024	£ 596
Thu 24 Oct 2024	Tue 29 Oct 2024	£ 596
Sun 27 Oct 2024	Fri 1 Nov 2024	£ 596
Thu 31 Oct 2024	Tue 5 Nov 2024	£ 596
Sun 3 Nov 2024	Fri 8 Nov 2024	£ 574
Sun 10 Nov 2024	Fri 15 Nov 2024	£ 574
Sun 17 Nov 2024	Fri 22 Nov 2024	£ 574
Sun 24 Nov 2024	Fri 29 Nov 2024	£ 574
Sun 1 Dec 2024	Fri 6 Dec 2024	£ 574
Sun 8 Dec 2024	Fri 13 Dec 2024	£ 574
Sun 15 Dec 2024	Fri 20 Dec 2024	£ 574
Sun 22 Dec 2024	Fri 27 Dec 2024	£ 574
Sun 29 Dec 2024	Fri 3 Jan 2025	£ 574

## Inclusions

### Tour notes:

Complementary train station pick up and drop off is included.

Free Airport Pick-up: We have 4 scheduled arrival pick-up shuttles that depart from the airport for Lhasa city at 10:00 AM, 1:30 PM, 4:00 PM, and 6:30 PM.

Free Airport Drop-off: We have 3 scheduled departure drop-off shuttles that depart from Lhasa city to Lhasa airport at 6:30 AM, 8:00 AM, and 12:00 PM.

Please note prices are based in CNY.

### General inclusions:

All required government taxes and fees.

All required Tibet permits and domestic travel documents.

3 Stars hotel (shared twin room, private bathroom and daily breakfast)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Transportation will be provided via a comfortable and clean car, minivan or tourist bus depending upon the groups size.

Welcome dinner.

### General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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From

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