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## 10 days Ghorepani Poon Hill Trek

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Kathmandu  
Pokhara  
Kathmandu

Ghorepani Poon Hill Trek (aka the Annapurna panorama trek) is one of the shortest trek at Annapurna, offers natural beauty, rural village life and spectacular mountain views. Easy hike for beginners, perfect for families with kids.

Type  
Private  
Duration  
10 days  
Theme  
Trekking & Biking  
Trip code  
NAR-01

Price  
From \$ 1,376 per person

### Itinerary

Ghorepani Poon hill trek (also known as the Annapurna panorama) is one of the shortest trek at Annapurna Region, offers natural beauty, cultural diversity, rural village life and spectacular mountain views. Ghorepani Poon hill trek goes through the lower foothills of the Annapurnas, easy hike for beginners, perfect for families with children or those that are looking for an easygoing experience in Nepal! Highlights of this trek will be the sunrise at Poon Hill and the beautiful panorama of the Annapurna.

Ghorepani Poon hill trek is a tea house trek with basic lodges with good food options. The best months to do this trek are March, April, May, September, October and November. Jan. and Feb. are also fine to do Ghorepani Poon hill trek because of its lower altitude and not hush weather.

Day 01 :

Arrival at Kathmandu

You will be greeted at Kathmandu airport upon your arrival by our local guide, then transfer to your hotel in Kathmandu. Free explore Kathmandu on your own for the rest of today. Recommend you stroll on Thames, the popular tourist hub in the capital city Kathmandu, where the narrow streets are full filled with stores, restaurants, cafes and bars etc.

Day 02 :

Kathmandu sightseeing (B)

After breakfast, you will be guided to have a Kathmandu city tour to visit the UNESCO World Heritage Sites of Kathmandu including **Pashupatinath Temple, Bouddhanath Stupa, Swayambhunath Stupa and Kathmandu Durbar Square**  
Overnight at Kathmandu.

Day 03 :

Drive from Kathmandu to Pokhara (8,50m), 6-7 hours drive (B)

Today you have a 6-7 hour road trip to Pokhara, on the way drive to Pokhara, enjoy the changing countryside of raging rivers, valleys and terraced farmlands and the surrounding hills. Upon arrival at Pokhara, check into the hotel near the Phewa Tal (lake). Relax and explore the lakeside with many shops, bars and restaurants. Overnight at Pokhara.

Day 04 :

Drive to Nayapul and trek to Ulleri (1,960m), 5-6 hours trek / 10km (B/L/D)

Today start the first day of your trekking to Poon Hill.

Morning drive about 1.5 hours to Nayapul (1050m), your Ghorepani Poon Hill trek will start from here, after half an hour trek, you will get to Birethanti to check into Annapurna Conservation Area, then easy and gradual uphill walk by following the Bhurungdi river to reach to Tikhedhunga, on the way enjoy the countryside view of villages life and terraces farm fields. The final 2 km walk to the Magar village Ulleri will be a bit challenging as there are a lot of staircase (more than 3000 steps). Overnight at the Ulleri.

Day 05 :

Trek to Ghorepani (2,860m), 5-6 hours trek / 17km (B/L/D)

Today the trek will be mostly climbing, roughly ascending about 1000m.

Your trek begins today heading to the Magar village of Bantanti from where you will have some truly excellent views of Mt. Machapuchare (6997m - Fishtail), Hiunchuli (6441m), and Annapurna South (7219m). After following the trail through a lush rhododendron forest (The blooming rhododendrons are a big highlight when hiking around April.) and cross a bridge before arriving at Ghorepani Village where once again you will have some grand views of several massive peaks that appears in the background. Ghorepani is a peaceful and friendly village where you can sit back, relax, and admire the views. Overnight at Ghorepani.

Day 06 :

Hike up to Poon Hill (3210m) and trek to Tadapani (2,300m), 6-7 hours trek/ 15KM (B/L/D)

Poon Hill is known for its spectacular views of the mountains in Annapurna and Dhaulagiri range – especially at sunrise and sunset.

Today get up early in the morning and trek to Poon Hill viewpoint (about 50minutes walk). The stunning sunrise view over the mountains is really worth all the effort. Return to Ghorepani for breakfast and then head to Tadapani via the scenic trail through Deurali until arriving at Tadapani village where brings a close up view of mountain peaks. Overnight at Tadapani.

Day 07 :

Trek to Ghandruk Village (1,940m) , 3-4 hours trek/ 12KM (B/L/D)

From Tadapani the trail descends through oak and rhododendron forests to Ghandruk, a village of Gurung people, one of the ethnic groups of Nepal. They have their own dialect, culture, costume, and lifestyle. It is a famous destination for trekkers as it is known for its beautiful mountain views and also because its within easy reach from Pokhara and Kathmandu. You have the afternoon to visit the Annapurna Conservation Office, museums and explore the village. Overnight at Ghandruk.

Day 08 :

Trek to Nayapul (1,010m) and 1.5 hour Drive to Pokhara (8,50m) 4 hours trek / 9KM (B/L)

Today is the last day of your Poon Hill trek, the walking from Ghandruk to Nayapul is an easy gentle descent through the lush greenery of the modi khola river valley. You will have lunch at Syauli. The views of farmlands and villages are exceptional. Trail joins at Birethanti and continues to Nayapul, from where you will be driven to Pokhara.

Enjoy a relaxing afternoon at the lakeside of Pokhara. Overnight at Pokhara.

Day 09 :

Drive From Pokhara to Kathmandu (1,350m), 6-7 hours drive (B)

Today you will have a road trip back to Kathmandu. If you sit on the left side of the bus you will get the best views and will see the river, gorges, mountains, small settlements and terraced farming land. Back in Kathmandu, you will be taken back to your hotel where you can relax or stroll around Thamel for some last-minute shopping.

Day 10 :

Departure from Kathmandu

Final departure to your destinations as per your flight time.

## **Inclusions**

### **Tour notes:**

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

Please note prices are based in CNY.

### **General inclusions:**

All required government taxes and fees.

Domestic travel accident insurance.

Meals allowance for your guide and driver.

Hotel accommodation is based on double occupancy (two persons sharing 1 standard twin room with private bathroom)

Where possible 3 star hotels will always be provided, if the city or town does not have then the local guest house or monastery guest house will be provided (i.e. tent / dormitory bed, no private bathroom etc.)

All entrance tickets as noted in the tour's itinerary.

Guide fluent in English, Chinese or Japanese that is certified by the state tourism build and from the local community. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Transportation will be provided via a comfortable and clean car, minivan or tourist bus depending upon the groups size.

Meals as remarked in the itinerary. (B=breakfast, L=lunch, D=dinner)

**General exclusions:**

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Flight and/or railway ticket(s) to the first city of the tour and departure from the last city of the tour.

Meals not specified in the itinerary.

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