



## 6 days Lhasa mixture tour (hiking, local villages and monasteries)

<https://windhorsetour.com/lhasa-tour/lhasa-hiking-family-visit-tour>

📍 Lhasa

A perfect balance between Tibetan culture, history and activity, for those travelers that want a little bit of everything. Saddle up to experience horse riding Tibetan style. Mixed with stops at all the classical attractions a perfect blend.

### Type

Private

### Duration

6 days

### Theme

Culture and Heritage, Winter getaways

### Trip code

TWT-LXA-03

### Price

From A\$ 665 per person

### Itinerary

**Day 01 : Arrival at Tibet- Mythical land of Shambala (3,600m)**



At your arrival your Tibetan guide and driver will pick you up and transfer to the hotel in Lhasa, it is only 68km and two hrs from the airport, from 15km which take 20 minutes. Take rest to acclimatize and alleviate jetlag. Overnight at Lhasa. **B=breakfast**

## Day 02 : Lhasa city sightseeings (3,600m) (B)

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only to visit Jokhang temple and Potala Palace. Jokhang temple is the most sacred shrine in Tibet which and located at the heart of the old town in Lhasa, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from the entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

## Day 03 : Lhasa City sightseeing, visit Drepung monastery, Sera monastery (3,600m) (Biking day tour) (B)

Today get on your bike and guide will take you to visit Drepung, Sera monasteries. Both monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 7,700 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Overnight at Lhasa.

## Day 04 : Day hike up to Papongka monastery (4,000m) (Day Hike Within Lhasa) (B)

Papongka means 'located on a rock', since the monastery is located on a huge rock on the hillside that why it called Papongka monastery, it is 6 to 7km north of Lhasa, hike up to the monastery. Overnight in Lhasa.

## Day 05 : Half day horse riding and Hiking, back to Lhasa

In the morning drive to Thoilong village which is about 35km south west of Lhasa, there you will meet with your horse man in the village, take a rest in the typical Tibetan house and then ride horse through the valley, you have chance to see functional mill houses along the stream, mill house is mainly use to make Tsampa(roasted barley flour) since from early days, further on the small hill you will enjoy a small nomad community who keeps on moving places to places, you are arranged to visit there nomadic tent if there are available at that time, then hike down to the village and drive back to Lhasa. Overnight Lhasa.

## Day 06 : Lhasa airport / train station dropping off (B)



Your guide and driver will see you off at the airport or train station, end the trip.

## Inclusions

### Tour notes:

- All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.
- The tour price is based on 3 star standard hotels. At your request we can provide pricing for different levels of service such as budget hostel, luxury 4 star standard hotels or deluxe 5 star standard hotels.
- Please note prices are based in CNY.

### General inclusions:

- All required government taxes and fees.
- All required Tibet permits and domestic travel documents.
- Your selection of 3, 4 or 5 Stars hotel (shared twin room, private bathroom and daily breakfast)

- All entrance tickets as noted in the tour's itinerary.
- Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)
- All necessary animals for portage of luggage. with their caretakers (i.e. Camels, Horses or Yaks.
- Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.

**General exclusions:**

- Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.
- Tips for your guide and driver.
- Meals that are not specified in the tour itinerary.
- Optional Attractions that are not specified in the itinerary.
- Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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