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6 days Lhasa Winter Tour (Horse Riding, Hiking and Monasteries)

<https://windhorsetour.com/lhasa-tour/lhasa-highlights-tour>

Lhasa

Hike, ride horse in this mountains of Tibet and explore the highlights of Lhasa on this 6 day tour. Get insight into the history, culture and life of the Tibetan people by visiting this world destination.

Type

Private

Duration

6 days

Theme

Trekking & Biking, Winter getaways

Trip code

TWT-LXA-01

Price

From € 436 per person

Itinerary

Day 01 :

Arrival at Lhasa (3,600m), Rest & Acclimatize to the High Altitude



Upon your arrival at Lhasa airport or train station, your Tibetan guide and driver will meet you for the transfer to your hotel in Lhasa's old town. The journey from the airport is approximately 68 km and takes around 1.5 hours, whereas from the train station it's about 15 km and a 20-minute drive. Take a good rest to acclimatize to the high altitude. Overnight stay will be in Lhasa.

Day 02 :

Lhasa City Tour - Visit Jokhang Temple and Potala Palace

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only to visit **Jokhang temple and Potala Palace**.

The Jokhang Temple, Tibet's most sacred shrine, was built in the 7th century and is located in the heart of Lhasa's old town. The temple is typically bustling with local pilgrims and those from other parts of Tibet during winter. The circuit around it, known as Barkhor Street, is one of the most devout circuits and the central market in Lhasa city, an ideal place to buy souvenirs.

Afternoon visit the magnificent Potala Palace, a cardinal landmark globally recognized as a symbol of Tibet. This historic site served as the former seat of the Tibetan government and the winter palace of the Dalai Lamas. The Potala Palace comprises the rooftop White Palace, the Dalai Lama's living quarters, and the central Red Palace, used for religious functions. The Palace now serves as a museum and was designated as a UNESCO World Heritage Site in 1994.

Afterwards enjoy a cup of sweet tea with locals in the sweet tea house.

Day 03 :

Lhasa City Tour - Visit Drepung and Sera Monasteries

Today you will be arranged to visit two important Gelupa (Yellow hat) monasteries in Lhasa **-Drepung and Sera**.

Drepung monastery was founded in 1416, it was the seat of Dalai Lama until the 5th Dalai Lama built the Potala Palace. Drepung monastery is located on the outskirts of Lhasa, it was once the world largest monastery that houses more than 10,000 monks in Tibetan history; it is also known for its annual Shoton festival in August, a large Thangka is revealed on the nearby mountains.

In the afternoon visit Sera monastery, founded in 1419 by a disciple of Tsongkhapa named Sakya Yeshe, it was one of the biggest monasteries in Central Tibet grew to have about 5,000 monks. Sera monastery is famous for its monks debates which takes places every afternoon 3:00pm except Sunday. It is said that debates create a deeper knowledge of the Buddhist philosophy and will allow the monks to reach a higher level of understanding of the Buddhism.

Day 04 :

Day Excursion to Ganden monastery (4,500m) and Hiking around the Monastery

In the morning, commence a 60km journey eastward to **Ganden Monastery**, the prime monastery of the six major ones in the Gelugpa sect, constructed by Tsongkhapa, the founder himself. Beyond its impressive architecture and spiritual significance, the viewpoint from Ganden Wangpo Hill offers truly awe-inspiring panoramas. The Kichu Valley is situated behind Ganden Monastery, and it is highly recommended to take a hike around the monastery for a bird's-eye view of this picturesque valley.

Day 05 :

Half Day Horseback Riding and Hiking near Lhasa (B)

In the morning, you'll drive to **Thoiilong village**, located about 35km southwest of Lhasa. Here, you'll meet with your horseman in the village. Enjoy a rest in a traditional Tibetan house before horseback riding through the valley. You'll have the opportunity to see functional mill houses along the stream, which is mainly used for making Tsampa (roasted barley flour) since early days. Further up on a small hill, you'll encounter a nomadic community that regularly changes location. If available at the time

of your visit, you'll be able to visit their nomadic tents. Afterward, hike down to the village and drive back to Lhasa for your overnight stay.

Day 06 :

Lhasa airport /train station dropping off



Your guide and driver will see you off at the airport or train station, end the trip.

Inclusions

Tour notes:

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

The tour price is based on 3 star standard hotels. At your request we can provide pricing for different levels of service such as budget hostel, luxury 4 star standard hotels or deluxe 5 star standard hotels.

Please note prices are based in CNY.

General inclusions:

All required government taxes and fees.

If you have any questions please inquire with one of our Travel Advisors.

All required Tibet permits and domestic travel documents.

Your selection of 3, 4 or 5 Stars hotel (shared twin room, private bathroom and daily breakfast)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

All necessary animals for portage of luggage. with their caretakers (i.e. Camels, Horses or Yaks.

Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.

Please note that on day 2 there is no private vehicle arranged as this day is a walking tour that will start and end from your accommodation.

General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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