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Kathmandu

Gyirong Border

Saga

Manasarovar Lake

Mount Kailash Kora

Saga

Gyirong Border

Kathmandu

Your Tibet adventure begins Kathmandu in Nepal but quickly heads to Mount Kailash and Lake Manasarovar where you can see the reflections in the holy water. Spend several days to feel the pilgrim atmosphere as you trek around Kailash.

Type

Private

Duration

11 days

Theme

Overland

Trip code

WT-303

Price

From £ 1,134 per person

£ 1,050

you save £ 84 (8%)

Itinerary

The journey start from the road plunges through the Matsang Tsangpo gorge, hugging a precipice above the rapids. There are spectacular waterfalls on both side of the gorge. Sprawling up the hillside through a series of switchback bends is the stairway to the high plateau. Gradually the breath-taking views of Himalayans appear in the south. Rest of the days the journey across the great Jangtang (Northern Plain) into Far-west Tibet passes through extremes of dryness. The landscapes are huge and like a treeless moonscape. Lone groups of nomads dwelling in low, black tents, tending flocks of sheep, goats and herds of the yaks. Heavily eroded sandstones and sand-dunes can be seen along the road. The extraordinary peak of Mount Kailash is the prime focus of the journey, which lies at the heart of the region. It is the pilgrimage destination of Buddhists, Bons, Hindus and Jains.

Day 01 :

Kathmandu(1,340m) / Gyirong Border (2,600m) (183km,7-8hrs)



Morning drive from Kathmandu to Nepal-Tibet border Gyirong (about 7-8 hours drive), after clearing the customs you will be greeted by your Tibetan guide and driver and drive to Gyirong town for overnight. Rest and acclimatize the high altitude. Overnight at Gyirong town.

Day 02 :
Another day acclimatization at Gyirong Town (2,600m)



Rest at Gyirong town one more day to acclimatize the high altitude, we strongly advise you to drink more water and do some simple exercise during the day. Overnight at Gyirong town.

Day 03 :
Gyirong Town (2,600m) / Saga(4,450m). 170km, 4.5 hours drive



Today you will be driven over the sandy and rocky land of Tibet, natural scenery like Pelku Tso lake and Mount Shishapa (8020m) are unimaginably beautiful, nomads chasing a herd of yaks and sheep keep you wondering. By the afternoon you will cross Bhramha Purtra River way to typical Chinese and Tibetan town Saga. Overnight at Saga.

Day 04 :

Saga(4,500m) / Paryang(4,700m) / Lake Manasarovar(4,558m), 506km, 7-8hours drive

Drive from Saga to Paryang through the windswept territory passing many villages and camps of Yak herders with the distance view of snow-capped mountains. This vast and dry plateau is the traditional campsite of the nomads, grazing their animals during the summer. Lunch will be at Paryang. Afternoon another 4 hour drive from Paryang to Lake Manasarovar, you will go through open territory with a view of distant mountains, Yak herders camp, if lucky might come across a herd of Kyang (Wild Ass), you will have the first sight of Holy Mount Kailash from the top of the Mayum la pass(5280m) and Manasarovar Lake. Enjoy the nice sunset over Lake Manasarovar. Overnight at the local guest house.

Day 05 :

Morning Rest at Lake Manasarovar / Head to Darchen (4,600m) (60km, 1.5hours)

Lake Manasarovar is one of the three holy lakes in Tibet, along with Mount Kailash, it is referred to as the center of the world, and is worshiped by more than a billion Buddhists and Hindus. Afternoon drive to Darchen, the tiny village of Darchen is the starting and ending point of the Mt. Kailash trekking, prepare for the trekking and guide will arrange needed yaks and porters at your necessary. Overnight at Darchen (hotels/guest houses are available at Darchen).

Day 06 :

Trek from Darchen to Dira-puk Monastery, (20km, 6hrs)

The first day's trekking is start from the Sershong and a gradual walk with multitudes of other local pilgrims chanting and praying. From here you can see the Choku Monastery up on the hillside. The trail leads to a few ups and downs till we reach our camp at Dirapuk (4,750 m). You will meet many more Bon pilgrims going in the opposite direction (Anti clock-wise) because Mt. Kailash is being worshipped by four different religions, viz Buddhists, Bons, Hindus and Jains. Overnight at Dirapuk guesthouse or camping.

Day 07 :

Trek from Dira-puk Monastery to Dzutul-puk Monastery by crossing Drolma-la Pass, (15KM, 6-7hrs) (Camping)

Today our trekking leads to much higher side of the holy path just beneath the Mount Kailash. The walk will bring us to one of the highest point at Drolma La, 5,200 m, and the pass is quickly descending to the gradual field towards Dzutul-puk for the overnight camp, Dzutul Puk in Tibetan and which means magical cave, this small monastery is connected to a interesting story of talent competition between Great Yogi Milarepa (Buddhist) and Naropa (Bon). Overnight at Dzutul-Puk guesthouse or camping.

Day 08 :

Trek back to Darchen, 14Km, 4-5hours

The winding gradually comes out of the valley and the river allows to follow in to the Barka plain, the trekking stops at Trangser Trangmar and your car will take you back to Darchen. Afternoon rest at Darchen. Overnight at Darchen.

Day 09 :

Drive from Darchen to Saga via Paryang (528KM, 7-8hours)



Say farewell to Mount Kailash this morning as you will drive back to Saga. You will follow the same scenic route to capture the majestic scenery of windswept territory again. Have a last view of the Mount Kailash and Lake Manasarovar on the way. Stay overnight at Saga.

Day 10 :

Drive from Saga to Gyirong town (170KM, 4-5 hours).

Continue your trip back to Gyirong town today, the border town between Tibet and Nepal. Get settled into the hotels. Tomorrow you will cross the border to Kathmandu.

Day 11 :

Drive from Gyirong to Kathmandu (183km, 7-8 hours drive)



After your Tibetan guide helps you clear customs, you will be greeted by your Nepalese driver and driven to Kathmandu along a scenic road with glimpses of roaring white-water rapids along the way. The tour ends when you arrive at Kathmandu. You may share us your hotel information beforehand so that our driver can drop you off at your hotel.

Inclusions

Tour notes:

Please note prices are based in CNY.

General inclusions:

2 bottles of mineral water provided daily.
All required government taxes and fees.
Meals allowance for your guide and driver.
Please contact one of our Tour Advisors to get a custom quotation made to your requirements.
All required Tibet permits and domestic travel documents.
Necessary oxygen and medicine for the acute high altitude sickness.
Where possible 3 star hotels will always be provided, if the city or town does not have then the local guest house or monastery guest house will be provided (i.e. tent / dormitory bed, no private bathroom etc.)
All entrance tickets as noted in the tour's itinerary.
Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)
Airport and/or train station pick-up and drop-off.
Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.
Nepal border pick up and transfer to your hotel in Kathmandu.
General exclusions:
Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.
Tips for your guide and driver.
Optional activity during this trip, such as horse or yak riding.
Meals that are not specified in the tour itinerary.
Hotel in Kathmandu.
Optional Attractions that are not specified in the itinerary.
Meals not specified in the itinerary.
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