

[Home](#) > [Tibet private tours](#) > 8 days Mt. Everest Base Camp tour



## 8 days Mt. Everest Base Camp tour

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Lhasa  
Gyantse  
Shigatse  
Mount Everest  
Shigatse  
Lhasa

A deep exploration into the Himalayan mountains, enjoy the time as you make your Everest dream come true. Along the way from Lhasa to Everest enjoy the stunning natural scenery and catch the fantastic view as the sun rises over Mount Everest.

Type  
Private  
Duration  
8 days  
Theme  
Natural scenery, Overland, Photography  
Trip code  
WT-201  
Price  
From £ 648 per person  
£ 589  
you save £ 59 (10%)

### Itinerary

This tour begins from Lhasa-the historic capital of Tibet, the golden sunshine and blue sky is the dreams of many travelers all over the world, it is also the pilgrimage destination of all Tibetans, mingling with local pilgrims around the Barkhor street is an extra-ordinary feeling. This tour brings you not only through the historical palaces and operating monasteries, but lines of breath-taking natural sceneries, such as turquoise water Lake Yamdrok, mighty Nyenchen Kangsar glacier and great peaks of Himalayans, will surely enrich your knowledge of the high plateau and its geography, gradually come across the rich culture of western Tibet and then to world summit Mt. Everest. In a nut-shell, this tour covers rich cultures and traditions, historical sights and natural beauties of Tibet.

#### Day 01 :

Arrival at Lhasa[3595m]

Upon your arrival at Lhasa airport or train station, you will be greeted by your Tibetan guide, from airport to Lhasa city is 68km, around an hour drive will take you to the holy city Lhasa. Driving along the Brahmaputra river and Lhasa river, you will not only amazed by the spectacular plateau scenery but also have a chance to see flocks of black-necked crane, wild duck and many other kind of wild birds. If you take the train to Lhasa, normally you will arrive in the late afternoon or evening, 20 minutes drive will take you to your hotel in Lhasa city. Check into hotel, have a good rest to acclimatize the high altitude. Overnight at Lhasa.

#### Day 02 :

Lhasa City sightseeing, visit Potola Palace & Jokhang Temple (B) - Walking tour is arranged today.

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only to visit Jokhang temple and Potala Palace. Jokhang temple is the most scared shrine in Tibet which was built in 7th century and located at the heart of old town in Lhasa, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

**Day 03 :**

Lhasa City sightseeing, visit Drepung Monastery, Sera Monastery & Norbulingka Summer Palace (B)

Today you will be arranged to visit Drepung, Sera monasteries and Summer Palace - Norbulingka palace. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 10,000 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Norbulingka is the summer palace of Dalai Lama, you can visit the residences of different lineages of the Dalai Lama. The park is crowded with picnickers and traditional activities during the Shoton (Yogurt festival) in August. Overnight at Lhasa.

**Day 04 :**

Lhasa / Yamdrok Lake[4441m] / Gyantse[3980m] / Shigatse[3840m], 360KM, 7hrs (B)

Morning drive up to Kampala pass [4794m], you will have a glimpse of Yamdrok-tso and spectacular views of Holy Mount Nyenchen Khangsar in the distance, the turquoise coloured Lake Yamdrok Yutso is one of the three holy lakes in Tibet, the unforgettable vista of pincer-shaped turquoise water of the lake and amazing spectacle of Mt. Nyenchen Khangsar glacier from Karo la pass are the wonders of the day. Then along the Friendship southern Hwy drive to Gyantse, visit the famous stupa - Gyantse Kumbum, one of the most stunning architectural wonders in Tibet. Late afternoon drive to Shigatse. Overnight at Shigatse.

**Day 05 :**

Shigatse / Lhatse / Shegar / Rongbuk Monastery [4900m] / E.B.C [5150m], 340KM, 7 Hour Drive

Early morning start driving to Rongphu via Lhatse and Shegar, cross over Gyatsola [5200 m] & Gawu la pass [5250 m], from the top of the Gawu la you will see the spectacular Himalayan Ranges and its glorious peaks viz Mt. Makalu [8,463 m], Mt.Lotse [8,516 m], Mt.Everest [8,844 m], Mt.Cho Oyu [8,201 m] and Mt.Shishapama [8,020 m] from Left to right, climbing down through numbers of switchback bends lead to the dry valley of Tashi Zom and then to today's destination - Everest Base Camp. Rongbuk is the highest monastery in Tibet and consist both monks and nuns, it is still a good point to see Mt.Everest. Overnight at local tent guesthouse or Rongbuk Monastery guest house, (dorm bed).

**Day 06 :**

Rongbuk / Shegar / Shigatse[3840m], 340KM, 6-7hrs drive

Morning enjoy the sunrise over Mount Everest and have the full view of this magnificent Mount Everest. Due to current changed policy, Rongbuk is the highest & last point that regular tourists could reach in order to get nice full view of Mount Everest. After have a relaxing breakfast, start heading back to Shigatse. Overnight at Shigatse.

**Day 07 :**

Shigatse / Lhasa[3595m], 300KM, 6hour drive(B)

Morning visit Tashilhunpo Monastery in Shigatse, one of the main Gelupa monasteries in Tibet, it is the seat to the Panchen Lama, the second most important spiritual leader of Tibet. Spend hours to explore this massive monastery's chapels and its ancient artifacts. If you like hiking, then the kora around Tashilhunpo monastery should not be missed, as it provides the amazing views of Shigatse and the surrounding countryside. Afternoon drive back to Lhasa along the northern friendship way, marvelous landscapes and sceneries along the Brahmaputra River will accompany you all the way back to Lhasa. Overnight at Lhasa.

**Day 08 :**

Lhasa train station / airport dropping off (B)

Morning dropping off at Lhasa airport or train station, end the tour.

**Prices**

Period

2 Persons

3 Persons

4-6 Persons

Nov. to Mar.

Regular price£ 990£ 766£ 648

Sale price £ 900£ 696£ 589

Apr. to Jun. and late Oct.

Regular price£ 1,084£ 849£ 719

Sale price £ 986 £ 771£ 654

Jul. to mid Oct.

Regular price£ 1,179£ 931£ 790

Sale price £ 1,071£ 846£ 718

**Inclusions**

**Tour notes:**

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

The tour price is based on 3 star standard hotels. At your request we can provide pricing for different levels of service such as budget hostel, luxury 4 star standard hotels or deluxe 5 star standard hotels.

Please note prices are based in CNY.

**General inclusions:**

All required Tibet permits and domestic travel documents.

Where possible 3 star hotels will always be provided, if the city or town does not have then the local guest house or monastery guest house will be provided (i.e. tent / dormitory bed, no private bathroom etc.)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.

Vehicle and guide's entrance tickets to Everest Natural Reserve Region.

**General exclusions:**

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Sightseeing bus ticket at Everest Base Camp (E.B.C.) - 25 RMB per person. If you prefer you can hike up.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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