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## 10 days Mt. Everest Base Camp with holy Namtso Lake tour

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Lhasa  
Gyantse  
Shigatse  
Sakya  
Mount Everest  
Shigatse  
Namtso  
Lhasa

One of our most popular tours! Look at the client's feedback who discovered unexplored nature's masterpiece. The best views, breathtaking Yamdrok lake, trekking at Mount Everest and marvelous sunrises await for you on the roof of the world.

Type  
Private  
Duration  
10 days  
Theme  
Natural scenery, Overland, Photography

Trip code  
WT-203

Price  
From CN¥ 8,305 per person  
CN¥ 7,550  
you save CN¥ 755 (10%)

### Itinerary

This tour brings you not only through the historic palaces and operating monasteries, but lines of breath-taking natural sceneries, such as turquoise water Lake Yamdrok, mighty Nyenchen Kangsar glacier and great peaks of Himalayans, will surely enrich your knowledge of the high plateau and its geography, gradually come across the rich culture of western Tibet and then to world summit Mt. Everest, last but not least, the journey will come into the northern nomadic area, the vast northern pasture bounded by Nyenchen Thangla Ranges is absolutely heaven of thousands of nomads, the aeruginous Lake Namtso is far beyond your expectation and definitely it will give you a memorable night on the Tashi Do peninsula. In a nutshell, this tour covers rich cultures and traditions, historical sights and natural beauties of Tibet.

Day 01 :  
Arrival at Lhasa [3,595m];



Upon your arrival at Lhasa airport or train station, you will be greeted by your Tibetan guide, from airport to Lhasa city is 68km, around an hour drive will take you to the holy city Lhasa. Driving along the Brahmaputra river and Lhasa river, you will not only amazed by the spectacular plateau scenery but also have a chance to see flocks of black-necked crane, wild duck and many other kind of wild birds, if you are not tired, stop at Nethang Giant Buhhda caving on the way. If you take the train to Lhasa, normally you will arrive in the late afternoon or evening, 20 minutes drive will take you to your hotel in Lhasa city. Check into hotel, have a good rest to acclimatize the high altitude. Overnight at Lhasa. (B)=breakfast

#### Day 02 :

Lhasa City sightseeing, visit Potola Palace & Jokhang Temple (B) - Walking tour is arranged today.

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only to visit Jokhang temple and Potala Palace. Jokhang temple is the most sacred shrine in Tibet which was built in the 7th century and located at the heart of old town in Lhasa, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from the entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

#### Day 03 :

Lhasa City sightseeing, visit Drepung Monastery, Sera Monastery & Norbulingka Summer Palace (B)

Today you will be arranged to visit Drepung, Sera monasteries and Summer Palace - Norbulingka palace. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 7,700 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Norbulingka is the summer palace of Dalai Lama, you can visit the residences of different lineages of the Dalai Lama. The park is crowded with picnickers and traditional activities during the Shoton (Yogurt festival) in August. Overnight at Lhasa.

#### Day 04 :

Lhasa / Yamdrok Lake [4,441m] / Gyantse [3,980m] / Shigatse [3,840m], 360KM, 7hrs (B)

Morning drive up to Kampala pass [4794m], you will have a glimpse of Yamdrok-tso and spectacular views of Holy Mount Nyenchen Khangsar in the distance, the turquoise coloured Lake Yamdrok Yutso is one of the three holy lakes in Tibet, the unforgettable vista of pincer-shaped turquoise water of the lake and amazing spectacle of Mt. Nyenchen Khangsar glacier from Karo la pass is wonders of the day. Then along the Friendship southern Hwy drive to Gyantse, visit the famous stupa - Gyantse Kumbum, one of the most stunning architectural wonders in Tibet. Late afternoon drive to Shigatse. Overnight at Shigatse.

#### Day 05 :

Shigatse / Sakya [4,280m] / Lhatse [3,950m] / New Tinggri [Shegar,4,150m] , 290KM, 5-6hrs (B)

Morning visit Tashilunpo Monastery and the spectacular tombs of Panchen Lamas, do the monastery kora which provide you a great view of the whole Shigatse city. Late morning drive to visit Sakya Monastery which is the main monastery of Sakyapa sect, houses around the monastery are also in a typical gray colour. Hike around the monastery northern ruins and drive back to Shegar, stop at Gyatsola [5200m] pass where you will have the first sight of Mount Everest in a clear day. Overnight at Shegar.

#### Day 06 :

New Tinggri [Shegar,4,150m]/ Rongbuk Monastery [4,900m] / E.B.C [5,150m], 100KM, 2-3hour drive (B)

In the morning, as you enter **Mount Everest National Nature Reserve**, the winding road takes you to **Gawula Pass** [5,250 m]. Here, you'll experience breathtaking panoramic views of the Himalayas, including a remarkable view of Mount Everest, which stands at 8,844 meters. You'll also see four other majestic peaks over 8,000 meters: Mt. Makalu (8,463 m), Mt. Lhotse (8,516 m), Mt. Cho Oyu (8,201 m), and Mt. Shishapama (8,020 m).

You will switch to the local sightseeing bus at Tashi Zong Village, and from there, it is another hour's drive before you reach Everest Base Camp (E.B.C.).

Arrive at Everest Base Camp in the afternoon, visit **Rongbuk Monastery**, the world's highest buddhism monastery at 5154 meters above sea level where nuns and monks live together and witness a splendid sunset (just depending on the weather) over Everest.

Stay overnight at the tent guest house at E.B.C or the monastery guest house near Rongbuk.

Day 07 :

Everest Base Camp - Dinggye Xilin Viewpoint - Shigatse, 340 KM, 7 Hours' Drive (D)

If the weather is favorable, you'll have the opportunity to witness a magnificent sunrise at Everest, with the first rays of sunlight turning the mountain into a glowing red spectacle.

After a morning of exploration, begin your journey back to Shigatse via Dinggye County, taking a different route from Day 5. Stop at the **Dinggye Xilin Viewpoint** for a spectacular view of the majestic Mount Everest and Mount Lhotse, the world's fourth highest peak. Witness the vast and beautiful wetland at the foot of Mount Everest, which transforms into thousands of sand dunes in winter, offering a different style of beauty. Arriving in Shigatse in the late afternoon, your guide will take you to a local **Langma Hall** (a traditional Tibetan Dance Hall). **Enjoy dinner** with your fellow group members while experiencing traditional Tibetan dance and performances, celebrating your once-in-a-lifetime journey to Mount Everest.

Stay overnight in Shigatse.

Day 08 :

Shigatse / Shuege la [5,300m] / Yangbachen hot-spring / Namtso Lake [4,730m], 420Km, around 7-8hours drive (B)

Early morning drive 80km back towards Lhasa via northern friendship highway, from Daktuka cross the bridge over Bramaputra Rive and head through the valley in the north to Namtso Lake, within the valley you will pass many typical Tibetan villages and their peaceful environment, cross Shuege-la pass, which is over 5300m. You may have hot-spring at Yangbachen. In the afternoon arrive at Namtso Lake, you can hike around the Tashi Do peninsula. Overnight at Namtso Lake Tent guest house (dorm bed).

Day 09 :

Namtso / Lhasa [3,595m], 250Km, 4hours drive

If you are lucky enough, you will see sunrise at Namtso Lake. Today you can walk a little bit along the lakeside, afternoon drive back to Lhasa, happy nomads family dwelled their cozy yak wool tent on the grassy pastures and some close to the road are visitable for having a new experience, before reaching Lhasa the fertile valleys are nice looking with villages and their orthogonal fields. Overnight at Lhasa.

Day 10 :

Lhasa airport / train station dropping off (B).



Morning Lhasa airport or train station dropping off, the time come to say your farewells to your guide and driver, end the trip.

## Prices

Period

2 Persons

3 Persons

4-6 Persons

Apr. to Jun and late Oct.

Regular price CN¥ 12,485 CN¥ 9,735 CN¥ 8,305

Sale price CN¥ 11,350 CN¥ 8,850 CN¥ 7,550

Jul. to mid Oct.

Regular price CN¥ 13,585 CN¥ 10,615 CN¥ 9,075

Sale price CN¥ 12,350 CN¥ 9,650 CN¥ 8,250

## Inclusions

### Tour notes:

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

The tour price is based on 3 star standard hotels. At your request we can provide pricing for different levels of service such as budget hostel, luxury 4 star standard hotels or deluxe 5 star standard hotels.

Please note prices are based in CNY.

### General inclusions:

All required government taxes and fees.

Please contact one of our Tour Advisors to get a custom quotation made to your requirements.

All required Tibet permits and domestic travel documents.

Where possible 3 star hotels will always be provided, if the city or town does not have then the local guest house or monastery guest house will be provided (i.e. tent / dormitory bed, no private bathroom etc.)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.

Vehicle and guide's entrance tickets to Everest Natural Reserve Region.

### General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Sightseeing bus ticket at Everest Base Camp (E.B.C.) - 25 RMB per person. If you prefer you can hike up.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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