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## 16 days Beijing to Tibet tour - China's three golden cities and Tibet discovery tour

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Beijing  
Lhasa  
Shigatse  
Mount Everest  
Lhasa  
Xi'an  
Shanghai

Embark on an epic Beijing to Tibet tour, visit 5 incredible cities, immerse in China's landscapes, explore ancient history in Beijing and Xi'an, tour to the top of Mt. Everest, and experience modern Shanghai. An unforgettable adventure awaits!

Type  
Private  
Duration  
16 days  
Theme  
1st Time travel to China, Culture and Heritage, Natural scenery, Overland

Trip code

CTT-03

Price

From £ 1,986 per person

£ 1,805

you save £ 181 (10%)

### Itinerary

Have a Tibet overland trip from Lhasa to Mount Everest, seeing the fantastic landscapes and exploring the mysterious Tibetan culture all along the way. We offer the best driver and guides to during our Beijing to Tibet tour make your journey memorable and pleasant. More awaits in this tour as you discover the cultural heritages in Beijing and Xi'an. Learn about the differences between the Han culture and Tibetan culture of China.

Day 01 :

Arrive Beijing

Welcome to Beijing, the first destination of your 16-day Beijing to Tibet tour. Upon arrival at the airport, our guide will meet and assist you to the hotel. The rest of the day is free for you to take a break or explore the city on your own. Your Travel Advisor and local guide will be happy to provide suggestions on where to go and what to see around your hotel.

Day 02 :

Beijing City Tour (B)

This morning, you will walk through **Tiananmen Square** and then visit the magnificent **Forbidden City**. With thousands of royal wooden structures and historical relics, the Forbidden City will transport you back 500 years to explore the prosperous lives of Chinese ancient emperors during the Ming and Qing dynasties.

Next, you will visit the **Temple of Heaven**, a religious site used for imperial ceremonies during the Ming and Qing dynasties. Every structure in the temple was designed based on strict Feng Shui requirements and has symbolic meanings, typically representing Heaven and Earth in Chinese culture.

Afternoon, you will head to the **Summer Palace**, a 300-year-old royal garden that is the most well-preserved and has the richest landscapes and impressive garden buildings.

Day 03 :

Beijing Great Wall Tour (B)

Start today's tour with a visit to the splendid **Mutianyu Great Wall** which is located among the orchards and pines in the mountains to the north of Beijing city. Take 2 to 3 hours to walk along the wall and enjoy the scenery. Climb to the top of watchtowers for a glimpse of the spectacular wall, which presents the shape of a soaring Chinese dragon stretching along the breathtaking mountain ranges.

After lunch, drive back to Beijing city and explore **the ancient Beijing Hutong** culture with an excursion to **Beiluoguoxiang**. Learn about some cultures and the characteristic layout of the Chinese ancient courtyard from your local guide while visiting. You will also **take a traditional rickshaw ride** through the various Hutongs and get to know about old Beijing's manners and customs.

Day 04 :

Flight from Beijing to Lhasa (B)

In the morning, you will be driven to the airport for **your flight to Lhasa**, the capital city of Tibet. Your local guide will be waiting for you at the airport to assist you in checking into your hotel, located near Jokhang Temple. Since Lhasa is located over 3,000 meters (9,843 feet) above sea level, the rest of the day will be left free for you to **acclimatize to the high altitude**. If you have any questions, please let your guide know so that we can assist you at any time.

On the way from the airport to the hotel, you will be able to enjoy the spectacular plateau scenery and observe flocks of black-necked cranes, wild ducks, and many other kinds of wild birds.

Day 05 :

Lhasa City Tour - Visit Potala Palace, Jokhang Temple and Barkhor (B)

A morning visit to the **Potala Palace**, the religious center of Tibetan Buddhism for centuries. The giant architecture looks like an ancient fortress, which includes the White Palace used for the living quarters of the Dalai Lama, and the Red Palace used for religious functions. Being the landmark of Lhasa, the Potala Palace will impress you with its simple but grand exterior, as well as the exquisite interiors covered with beautiful frescoes and priceless works of art.

Next, head to the **Jokhang Temple** located in the center of Lhasa city. The Jokhang Temple is probably the ultimate pilgrimage destination for Tibetan Buddhists. At the entrance of the temple, you will see waves of awestruck pilgrims prostrating themselves while praying for their gods. The street around Jokhang Temple is the **famous Barkhor**, where you can also see pilgrims circumambulating the street clockwise, always keeping the temple to their right. Besides, Barkhor is the main shopping street in Lhasa, offering traditional arts and crafts.

Day 06 :

Day Excursion Tour to Ganden Monastery in the morning, Afternoon visit Sera Monastery (B)

Begin your day by heading to the **Ganden Monastery**, which is situated on the southern bank of the Lhasa River, approximately 60 km (37 mi) from Lhasa city. It is one of the earliest and most important Gelugpa Sect monasteries, also known as the "great three." The monastery's Kora is famous, and along the way, you will encounter numerous pilgrims and monks who offer prayers, rub holy rocks, and prostrate themselves along the path.

In the afternoon, return to Lhasa city and continue your tour by visiting the **Sera Monastery**, another Gelugpa Sect monastery well-known for its debating tradition. The debates usually take place in a natural courtyard enclosed by stone walls every afternoon, where you will witness monks clapping their hands and engaging in debates on the Buddhist scriptures.

Day 07 :

Lhasa - Yamdrok Lake - Gyantse [4,040 m] - Shigatse [3,840 m], 360 KM 7 Hours' Drive (B)

Today, you will be heading to visit Shigatse, the second largest city in Tibet. The journey will take about 6-7 hours by car, with many breathtaking attractions to see along the way. Your first stop will be at **Kambala Pass**, where you can catch a glimpse of **Yamdrok Lake**, one of the three holy lakes in Tibet. The lake lies several hundred meters below the road's surface, and on clear days, it is a stunning shade of deep turquoise-blue.

After that, you will continue **driving along the Friendship Southern Highway**, which is the main road from China to Nepal, and make your way to Gyantse, a small town famous for its wool and wood productions. Here, you will visit the **Gyantse Kumbum**, a majestic white building with nine tiers and over 100 chapels. You can also take a stroll around **Gyantse Old City Area** to see if there are any interesting local souvenirs you'd like to buy. In the late afternoon, you will arrive in Shigatse.

Day 08 :

Shigatse [3,850 m] - Tibet Everest Base Camp [5,200 m], 340 KM, 7-8 Hours' Drive (B)

Today, you will be driven to **Rongbuk Monastery** to witness the majestic Mount Everest. You will cross over **Gyatsola Pass**, the first place where you can catch a **glimpse of the spectacular Mount Everest**, the world's highest peak. Then, you will stop at Shegar for the checkpoint. Afterward, you will cross over **Gawu La Pass**, which is an excellent location to see **the**

**magnificent peaks that are all over 8,000 m (26,247 ft) in altitude in the Himalayan Ranges.** You will have a chance to take some great photos at the pass, so make sure to bring your camera.

Once you arrive at Tashizong, you will take the local sightseeing bus to reach **Rongbuk Monastery** and E.B.C (Everest Base Camp). **Mount Everest** is one of the world's most awe-inspiring sights, making the trek a perfect experience. You will see the splendid sunset of Mount Everest, which will undoubtedly be an unforgettable experience. Overnight at local monastery guest house or tent guest house.

Day 09 :

Everest Base Camp - Dinggye Xilin Viewpoint - Shigatse, 340 KM, 7 Hours' Drive

Depending on the weather, you may have the opportunity to witness the **sunrise at Mount Everest early** in the morning. It will be an unforgettable sight that you have never seen before. Afterward, you will take a private car and drive back to Shigatse.

If the weather is favorable, you'll have the opportunity to witness **amagnificent sunrise at Everest**, with the first rays of sunlight turning the mountain into a glowing red spectacle.

Morning visit **Rongbuk Monastery**, the world's highest buddhism monastery at 5154 meters above sea level where nuns and monks live together.

After a morning of exploration, begin your journey back to Shigatse via Dinggye County, taking a different route from the previous day. Stop at the **Dinggye Xilin Viewpoint** for a spectacular view of the majestic Mount Everest and Mount Lhotse, the world's fourth highest peak. Witness the vast and beautiful wetland at the foot of Mount Everest, which transforms into thousands of sand dunes in winter, offering a different style of beauty. As you pass through Sakya, take a brief stop to explore the ancient ruins of Sakya. Arriving in Shigatse in the late afternoon, your guide will take you to a local **Langma Hall** (a traditional Tibetan Dance Hall). **Enjoy dinner** with your fellow group members while experiencing traditional Tibetan dance and performances, celebrating your once-in-a-lifetime journey to Mount Everest.

Stay overnight in Shigatse.

Day 10 :

Return to Lhasa from Shigatse, 270 KM, 4-5 Hours' Drive (B)

Today, you will spend the day visiting several attractions in Shigatse city. After breakfast, you will head to the **Tashilhunpo Monastery**, which was once the seat of the Panchen Lama. Above the white monastic quarters of the monastery, you will see a crowd of ochre buildings topped with gold, which are the tombs of the past Panchen Lamas. **The Kora outside the monastery** is also worth seeing during your visit.

Next, you will visit the **old Shigatse Market**, a place jammed with many small shops selling local crafts. In the afternoon, you will drive back to Lhasa and rest at the downtown hotel.

Day 11 :

Flight from Lhasa to Xi'an - Explore Xi'an City (B)

You will drive to the airport for your departure to Xi'an. The flight will take a little over 3 hours. Upon arrival, your Xi'an local guide will warmly greet you and assist you in getting settled into the hotel. The rest of the day is free for you to relax or explore this ancient capital city on your own.

Day 12 :

Xi'an City Tour (B)

In the morning, you will drive about 40 minutes into the countryside of Xi'an to visit the world-famous **Terracotta Warriors and Horses**. As you step into the museum, you will be impressed by the sight of the figurine army lined up in neat formation for protecting the tomb of Qin Shi Huang, the first emperor of China. It is a masterpiece of ancient Chinese art that will capture your admiration with its grandeur and magnificence.

In the afternoon, you will drive back to Xi'an city and visit the **Big Wild Goose Pagoda**, which is the most famous landmark of Xi'an. This square pyramid structure stands at a height of 64 m. (210 ft.), and you can climb to the top for a fantastic view of the entire city of Xi'an.

Afterwards, you will visit the **Great Mosque**, a charming blend of Chinese and Islamic architecture that offers insight into the Chinese Muslim culture in Xi'an. Next to the mosque is the Muslim Quarters, where you can shop for souvenirs or antiques for your friends.

Day 13 :

Half Day Xi'an City Tour - Fly to Shanghai (B)

Today you will start another half day tour to visit Xi'an, firstly drive to visit **Beilin Museum (Forest of Stone Steles Museum)**, it is a treasure trove of Chinese calligraphy, historical documents, and stone carvings, housing over 3,000 steles.

Next is a stop to the oldest and best preserved city walls in China, **Xi'an City Wall**. Time permitting you can choose to rent bicycles and ride around the whole thing. Or head straight to Shuyuan Men, this ancient street where you observe people's life as it was during the Tang dynasty. A great place to buy some local souvenirs for your family or friends.

Afterward, drive to Xianyang Airport for a **flight to Shanghai**. Upon arrival, your guide will meet you at the airport and assist you in checking into the hotel.

Day 14 :

Shanghai City Tour (B)

In the morning, cross the Huangpu River and head to the **Oriental Pearl TV Tower** located at the tip of Lujiazui in the Pudong District. Recognized globally as the official landmark of Shanghai, it offers breathtaking views of the city and the Huangpu River. Next, visit **Yu Garden**, a beautiful garden established by a Ming Dynasty government officer, renowned for its intricate layout, stunning pavilions, and extensive use of rockeries and water features that capture the essence of nature. Afterwards, explore **Shanghai Old Street** to gain insights into Shanghai's history.

After lunch, head to **Xintiandi in the French Concession**. Originally the site of the first congress of China's Communist Party, it is now a vibrant cultural center of Shanghai featuring cafes, bars, bookstores, and boutiques.

Finally, experience the historical charm of the **Bund** along the Huangpu River. Your day tour in Shanghai ends at **Nanjing Road**, which offers a bustling shopping experience.

In the evening you might consider to enjoy a spectacular Chinese Acrobatics show (available only on weekends) or take an evening cruise along the Huangpu River to enjoy the night view of the Bund (additional fee). Overnight stay in Shanghai.

Day 15 :

Shanghai Excursion to Zhujiajiao Water Town (B)

Today's itinerary includes a visit to **Zhujiajiao**, a charming water town located in the suburb of Shanghai. With a history of over 1,700 years, this town is famous for its numerous rivers, 36 stone bridges, and well-preserved ancient buildings that still line the riverbanks today. After exploring the town, return to Shanghai in the afternoon for some free time to shop, explore, or relax.

Day 16 :

Shanghai Airport or Train Station Transfer (B)

After breakfast, you will be escorted to the airport to prepare for your departure. We hope you have had a pleasant journey and wish you a safe trip home. If you have any specific requirements for this Beijing to Tibet tour, please let us know and we will do our best to adjust it to meet all your needs.

## Inclusions

### Tour notes:

Please note prices are based in CNY.

### General inclusions:

2 bottles of mineral water provided daily.

All required government taxes and fees.

All required Tibet permits and domestic travel documents.

Where possible 3 star hotels will always be provided, if the city or town does not have then the local guest house or monastery guest house will be provided (i.e. tent / dormitory bed, no private bathroom etc.)

The hotel accommodation is based on two persons sharing one standard twin room with private facilities in all relevant locations. If a single client requests a twin room alone, the single room supplement will be charged.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

All domestic flight and train tickets. Economy-class for flights and soft sleeper / seat for train tickets.

Transportation will be provided via a comfortable and clean car, minivan or tourist bus depending upon the groups size.

Meals as remarked in the itinerary. (B=breakfast, L=lunch, D=dinner)

### General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Optional Attractions that are not specified in the itinerary.

Flight and/or railway ticket(s) to the first city of the tour and departure from the last city of the tour.

Meals not specified in the itinerary.

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