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## 9 days Qinghai Tibet train tour

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Xining  
Qinghai Lake  
Lhasa  
Gyantse  
Shigatse  
Lhasa  
Namtso  
Lhasa

Begin your train journey in the multinational city-Xining, Qinghai province. This Tibet train tour offers you a once in a lifetime chance to relax in these breathtaking spots including Qinghai Lake, the Potala Palace and more.

Type  
Private  
Duration  
9 days  
Theme  
Culture and Heritage, Natural scenery, Photography, Train travel

Trip code  
CTTT-03

Price  
From CN¥ 7,810 per person  
CN¥ 7,100  
you save CN¥ 710 (10%)

### Itinerary

Qinghai Lake is the largest salty Lake in China and it's a 5A national natural spot, it becomes frozen since December and lasts for about 6 months every year. There are various kinds of birds living on the island in Qinghai Lake, it's very beautiful and lively. On the other side of the Qinghai-Tibet Railway is Tibet, another attractive place for travelers. There are countless famous temples and monasteries introducing the culture and customs of Tibet, in Lhasa, the Jokhang Temple, Potala Palace and Drepung Monastery are the best destinations for visitors of this purpose. Also, You can find plenty of scenic spots in Tibet, the holy lakes, natural towns and solemn mountains. This trip helps you visit these breathtaking places and what's more, travel by train is a better way to enjoy the beautiful views along the Qinghai-Tibet Railway!

Day 01 :

Arrival at Xining



Upon arrival at Xining airport, to be met and transferred to your hotel in Xining. Afternoon free explore Xining on your own. Overnight at Xining.

#### Day 02 :

Xining - Qinghai lake / take train from Xining to Lhasa (B)

Today you will be arranged to visit Qinghai Lake, which is the largest inland saltwater lake in China. The ellipse-shaped lake looks like a huge poplar leaf sitting on the alpine prairie. The scenery in Qinghai lake varies according to seasons. Summer and autumn are the most comfortable weather conditions and the lake's scenery is most beautiful during these seasons. You can choose to pay extra to cruise on the lake. Afternoon drives back to Xining for the train to Lhasa.

#### Day 03 :

Arrival at Lhasa [3,595m]

Today you will see the beautiful Tibetan plateau with the nomads' groups, Kekexili Nature Reserve, etc. Arrival at Lhasa in the late afternoon or evening, Lhasa train station pick up and transfer to your hotel in Lhasa. Overnight at Lhasa.

#### Day 04 :

Lhasa City sightseeing, visit Potola Palace & Jokhang Temple (B) - walking tour is arranged

Today is your first day of sightseeing on the high plateau, so we have purposely arranged only to visit Jokhang temple and Potala Palace. Jokhang temple is the most sacred shrine in Tibet which was built in the 7th century, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from the entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

#### Day 05 :

Lhasa City sightseeing, visit Drepung monastery, Sera monastery & Norbulingka summer palace (B)

Today you will be arranged to visit Drepung, Sera monasteries and Summer Palace - Norbulingka palace. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 10,000 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Norbulingka is the summer palace of Dalai Lama, you can visit the residences of different lineages of the Dalai Lama. The park is crowded with picnickers and traditional activities during the Shoton (Yogurt festival) in August. Overnight at Lhasa.

#### Day 06 :

Lhasa / Yamdrok Lake[4441m] / Gyantse[3,980m] / Shigatse[3,840m], 360KM, 7hrs (B)

Morning drive up to Kampla pass [4794m], you will have a glimpse of Yamdrok Tso and spectacular views of Holy Mount Nyenchen Khangsar in the distance, the turquoise-colored Lake Yamdrok is one of the three holy lakes in Tibet, the unforgettable vista of pincer-shaped turquoise water of the lake and amazing spectacle of Mt. Nyenchen Khangsar glacier from Karo la pass are the wonders of the day. Then along the Friendship southern Hwy drive to Gyantse, visit the famous stupa - Gyantse Kumbum, one of the most stunning architectural wonders in Tibet. Late afternoon drive to Shigatse. Overnight at Shigatse.



Day 07 :

Shigatse / Lhasa, 300km, 5-6hrs drive (B)

Morning visit Tashilunpo Monastery and the spectacular tombs of Panchen Lamas, do its kora with local people. Afternoon drive back to Lhasa along the friendship highway. Overnight at Lhasa.

Day 08 :

Lhasa / Namtso Lake / Tibetan nomad family visit / Lhasa (B)

Today make a day tour to Namtso Lake. Driving along Northern Tibetan grassland, distance view of the Nyenchen Thanglha snow mountain ranges, from the Largen-la pass[5190m] you can have the first view of Namtso lake. Namtso Lake means sky lake which is one of the three most holy lakes in Tibet, also it is the highest salt water lake in the world. You can hike at the lakeside and around the Tashi Do peninsula, then drive back to Lhasa. En route you will be arranged to visit one of the nomad families. Overnight at Lhasa.

Day 09 :

Lhasa train station / airport dropping off(B)



Morning drop off at Lhasa airport or train station, end the tour.

## Inclusions

### Tour notes:

Please note prices are based in CNY.

### General inclusions:

All required government taxes and fees.

Please contact one of our Tour Advisors to get a custom quotation made to your requirements.

All required Tibet permits and domestic travel documents.

Your selection of 3, 4 or 5 Stars hotel (shared twin room, private bathroom and daily breakfast)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Comfortable and clean private minivan with driver (please note that on days designated with walking tours, no private vehicle will be arranged by default.)

Train sleeper cabin either hard or soft-sleepers based on your selection to Lhasa.

### General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight and/or railway ticket(s) to the first city of the tour and departure from the last city of the tour.

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